**Broken Bonds and Betrayals: Treating Infidelity with Emotionally Focused Couple Therapy**

**29 – 30 September 2017, in Tallinn**

**James Furrow Ph.D.**

**Description:**

This two-day workshop guides therapists through the process of resolving relationship injuries commonly resulting from the discovery or disclosure of infidelity. The presentation provides practice focused instruction based on recent findings pointing to the disruptive impact of betrayal and broken trust for partners and the relationships they seek to maintain. The program reviews assessment and stabilization protocols for conjoin treatment including contraindications and their limitations. Following the practice of Emotionally Focused Therapy (EFT) the workshop reviews steps to resolving attachment injuries and rebuilding trust. Demonstration and video examples are used to illustrate the EFT treatment approach with couples repairing broken trust and attachment injuries.

**Learning Objectives:**

Participants will learn to

1. Identify common characteristics of attachment injuries and their influence couple therapy.
2. Identify the impact of an affair on couple relationships and conceptualize their related attachment dynamics.
3. Identify and process the reactive and rigid patterns that arise in relationships where attachment injuries have occurred and how they influence the treatment process.
4. Identify EFT interventions and process of treatment to resolve attachment injuries related to an affair.

**Venue:** Bliss Conference Centre is located in Tallinn, Mustamäe tee 19, not far from city Center. For coming you can ask help from organizers or take a taxy (its quite cheap). If you need help with accommodation please write pereterapeudid@gmail.com

Two-day workshop **price is 130€.**

For two day + two day Jim Furrow workshop participation **fee is 210€.**

**Presenter:**

James L. Furrow, PhD is the Evelyn and Frank Freed Professor of Marital and Family Therapy at the Fuller Graduate School of Psychology, Pasadena, California.  His published work includes: *The Emotionally Focused Therapy Casebook: New Directions in Couple Treatment*, *Becoming an Emotionally Focused Therapist: The Workbook*, *Preparing for Marriage, an*d *Emotionally Focused Couple Therapy for Dummies*.  His research appears in *Applied Developmental Science, Developmental Psychology, Journal of Marital and Family Therapy, Journal of Systemic Therapies,*and*Psychology and Spirituality*.  His research and clinical interests focus on the Emotionally Focused Therapy for couples and families, process and outcome research in couple therapy, and positive youth development.  He is a clinical fellow and approved supervisor of the American Association of Marriage and Family Therapy and a Certified Family Life Educator.  Dr. Furrow is a certified EFT therapist, supervisor and trainer and founding Executive Director of the Los Angeles Center for Emotionally Focused Therapy.

**Research and Related Resources:**

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review. *Journal of marital and family therapy*, *31*(2), 217-233.

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Gordon, K. C., Baucom, D. H., & Snyder, D. K. (2005). Treating couples recovering from

infidelity: An integrative approach. *Journal of Clinical Psychology*, *61*(11), 1393-

1405.

Halchuk, R. E., Makinen, J. A., & Johnson, S. M. (2010). Resolving attachment injuries

in couples using emotionally focused therapy: A three-year follow-up. *Journal of Couple & Relationship Therapy*, *9*(1), 31-47.

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Lebow, J. L., Chambers, A. L., Christensen, A., & Johnson, S. M. (2012). Research on

the treatment of couple distress. *Journal of Marital and Family therapy*, *38*(1),

145-168.

Makinen, J. A., & Johnson, S. M. (2006). Resolving attachment injuries in couples using

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attachment injured couples with emotionally focused therapy: A case study approach. *Psychiatry: Interpersonal and Biological Processes*, *68*(1), 55-77.

Zuccarini, D., Johnson, S. M., Dalgleish, T. L., & Makinen, J. A. (2013). Forgiveness and reconciliation in emotionally focused therapy for couples: The client change process and therapist interventions. *Journal of Marital and Family Therapy*, *39*(2), 148-162.